





Uttara Guruvayurappan Temple

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DR. K.P. ITTAMAN MEMORIAL

Annual Music and Narayaneeyam, Bhagavad Gita Recitation and Ramayanam and Maha Bhagavatham Parayanam &

K. MADHAVAN NAIR MEMORIAL

Dance & Thiruvathirakali Competitions.

Dr.K.P. Ittaman Memorial 29th Annual Light Devotional Music, Carnatic Vocal Music, Narayaneeyam, Bhagavad Gita recitation, Maha Bhagavatham and Ramayanam parayanam competitons will be held on 14th, 21st July 2024. K.Madhavan Nair Memorial Annual Dance Competitions for Mohiniyattam, Bharathanatyam and Thiruvathirakali will be held on 28th July 2024. These annual events are dedicated to the sacred memories of Dr. K.P. Ittaman and Shri K. Madhavan Nair as a tribute to their exemplary services to the cause of Arsha Dharma Parishad. All events will be held age group wise . Completed age will be reckoned as on 01.07.2024. Age group wise topics/ duration of various events given below:

LIGHT DEVOTIONAL AND CARNATIC MUSIC COMPETITION From 8.30 AM on 14.07.2024

Age Group		Duration For Light Devotional Music (maximum)	Duration For Carnatic Vocal Music (maximum)
Group I	05-06 yrs	3 Minutes	3 Minutes
Group II	07-08 yrs	4 Minutes	4 Minutes
Group III	09-11 yrs	5 Minutes	5 Minutes
Group IV	12-14 yrs	5 Minutes	7 Minutes
Group V	15-18 yrs	6 Minutes	10 Minutes

Note: For light devotional music competition, songs which fall under semi-classical/ classical though devotional, will be disqualified.

For light devotional music competitions, no accompaniment such as Sruthipetti / Karaoke track permitted.

Participants in the carnatic music competitions are required to use Srutipetti. No other accompaniments will be permitted. Srutipetti is not mandatory for age group I & II.

For carnatic vocal participants in the age group I,II & III are required to render a Kriti of any renowned composer within the allotted time.

For carnatic participants in the age group of IV & V are required to render a Kriti along with raga alapana and swara prastara within the allotted time.

NARAYANEEYAM AND BHAGAVAD GITA RECITATION COMPETITIONS

08.30 AM ON 21.07.2024

Age group	Portions for Narayaneeyam Recitation Competition	Portions for Srimad Bhagavad Gita Recitation Competition
Group I 05- 06 yrs	Dasakam 55 : Kaliyamardanam Slokas 1-6	Chapter IV : Jnana Karma Sanyasa Yoga Slokas 1-6 (Six verses)
Group II 07- 08 yrs	Dasakam 14 : Kapilavataram Slokas Full	Chapter IV : Jnana Karma Sanyasa Yoga Slokas 7-16 (Ten verses)
Group III 09 – 11 yrs	Dasakam 42 : Sakatasura Vadham Slokas Full	Chapter IV : Jnana Karma Sanyasa Yoga Slokas 17-28 (Twelve verses)
Group IV 12 – 14 yrs	Dasakam 58 : Davagni Moksham Slokas Full	Chapter IV : Jnana Karma Sanyasa Yoga Slokas 29-42 (Fourteen verses)
Group V 15-18 yrs	Dasakam 45: Bala Leela Slokas Full	Chapter XI : Viswaroopa Darsanam Slokas 15-26 (Twelve verses)
Group VI 19 yrs and above	Dasakam 91 : Bhakthi Mahatmyam Slokas Full	Chapter XI : Viswaroopa Darsanam Slokas 27-41 (Eighteen verses)

ADHYATMA RAMAYANAM AND SRI MAHA BHAGAVATHAM

(Kerala Bhasha Ganam) Parayanam Competitions For age group 19 yrs and above

Participants to read from any one of the portions which will be given on the spot.

Adhyatma RamayanamSri Maha Bhagavatham (Kerala Bhashaganam)1. Kishkindha KandamChathurtha Skandam - Dhruva Charitham2. Sundara KandamDasama Skandam - Rasakreeda3. Yudha KandamAshtma Skandam - Gajendra Moksham

K.MADHAVAN NAIR MEMORIAL MOHINIYATTAM, BHARATANATYAM &

THIRUVATHIRA KALI COMPETITIONS

FROM 08.30 AM ONWARDS ON 28TH JULY 2024

MOHINIYATTAM COMPETITION

Group	Age	Duration (maximum)
IV	12-14 yrs	10 minutes
V	15-18 yrs	10 minutes

Note:

1. Contestants may use audio recording only as accompaniment and bring the song in pen drive. Film songs are not permitted. Recording should be clearly audible.

- 2. Aharyam (dress, ornaments, hair style) should be in the traditional Mohiniyattam style.
- 3. Participation of minimum four contestants in each group is mandatory.

BHARATANATYAM COMPETITION

Group	Age	Duration (maximum)
III	09-11 yrs	10 Minutes
IV	12-14 yrs	10 Minutes
V	15-18 yrs	10 Minutes

Note:

1. Contestants may use audio recording only as accompaniment and bring the song in pen

drive. Film songs are not permitted. Recording should be clearly audible.

- 2. Aharyam (dress, ornaments, hair style) should be in the traditional Bharatanatyam style.
- 3. Participation of minimum four contestants in each group is mandatory.