

THIRUVATHIRA KALI COMPETITIONS

FOR AGE GROUP 18 AND ABOVE FROM 3.00 PM on 6TH AUGUST, 2023.

Note:

1. A team should consist of 8-12 members only.
2. Duration- 15 minutes maximum.
3. Ganapathy, Saraswathy, Padam, Kummi and Mangalam are mandatory for each team. Kurathi and vanchipattu are also permitted.
4. Traditional Thiruvathira kali steps to be performed. Other classical dance forms like Mohiniyattam or any other dance steps not to be used.
5. Only traditional songs are permitted and film songs not permitted.
6. Traditional Thiruvathira dress (Mundu and Neriyathu) to be used.
7. The event may be cancelled if the number of competing teams is less than three.

**PRIZE DISTRIBUTION CEREMONY WILL BE HELD AFTER
THIRUVATHIRA KALI COMPETITIONS ON 6TH AUGUST 2023**

RULES OF THE COMPETITIONS

1. All events will be held Age Group wise as shown against each
2. Completed year of age will be reckoned as 01.07.2023.
3. Documentary evidence in support of date of birth of the participant to be attached with the entry form.
4. Applicants can participate in more than one event. Separate entry form for each event required.
5. The entry fee is Rs.100/- per event except for Thiruvathirakali.
6. The entry fee for Thiruvathira Kali is Rs.500/- per group.
7. Applications for the competitions will be accepted from 8.30AM on 01.04.2023 .
8. Last date for acceptance of application forms in the Temple office is 8.30 PM on 09.07.2023.
9. Application form can be obtained from the Temple office or it can be downloaded from the Temple website www.uttaraguruvayurappan.org
10. The performances of the participants will be assessed by a panel of judges whose decision will be final. No appeal against the decision of the judges will be entertained.
11. The Executive Committee holds the right to cancel/ reschedule an event.



Om Namo Narayanaya

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DR. K.P. ITTAMAN MEMORIAL

**Annual Music and Narayaneeyam,
Bhagavad Geeta Recitation and Ramayanam
and Maha Bhagavatham Parayanam
&**

K. MADHAVAN NAIR MEMORIAL

Dance & Thiruvathirakali Competitions.

Dr.K.P. Ittaman Memorial 28th Annual Light Devotional Music, Carnatic Vocal Music, Narayaneeyam and Bhagavad Geeta recitation and Maha Bhagavatham and Ramayanam parayanam competitions will be held on 16th, 23rd and 30th July, 2023. K.Madhavan Nair Memorial Annual Dance Competitions for Mohiniyattam, Bharathanatyam and Thiruvathirakali will be held on 6th August, 2023. These annual events are dedicated to the sacred memories of Dr. K.P. Ittaman and Shri K. Madhavan Nair as a tribute to their exemplary services to the cause of Arsha Dharma Parishad.

All events will be held age group wise . Completed age will be reckoned as on 01.07.2023. Age group wise topics/ duration of various events given below:

LIGHT DEVOTIONAL AND CARNATIC MUSIC COMPETITION

From 8.30 AM on 16.07.2023

Age Group	Duration For Light Devotional Music (maximum)	Duration For Carnatic Vocal Music (maximum)
Group I 05-06 yrs	3 Minutes	3 Minutes
Group II 07-08 yrs	4 Minutes	4 Minutes
Group III 09-11 yrs	5 Minutes	5 Minutes
Group IV 12-14 yrs	5 Minutes	7 Minutes
Group V 15-18 yrs	6 Minutes	10 Minutes

Note: For light devotional music competition, songs which fall under semi-classical/ classical though devotional, will be disqualified.

For light devotional music competitions, no accompaniment such as Sruthipetti / Karaoke track permitted.

Participants in the carnatic music competitions are required to use Srutipetti. No other accompaniments will be permitted. Srutipetti is not mandatory for age group I & II.

Participants in the age group I, II & III are required to render a Kriti of any renowned composer within the allotted time.

Participants in the age group of IV & V are required to render a Kriti along with raga alapana and swara prastara within the allotted time.

NARAYANEYAM AND BHAGAVAD GITA RECITATION COMPETITIONS

08.30 AM ON 23.07.2023

Age group	Portions for Narayaneeyam Recitation Competition	Portions for Srimad Bhagavad Gita Recitation Competition
Group I 05-06 yrs	Dasakam 4 : Yogavum Yogasidhiyum Slokas 1-6 (Six verses)	Chapter V : Karmasanyasa Yoga Slokas 1-6 (Six verses)
Group II 07-08 yrs	Dasakam 4 : Yogavum Yogasidhiyum Slokas 7-15 (Nine verses)	Chapter VII : Jnana Vigyana Yoga Sloka 1-10 (Ten verses)
Group III 09-11 yrs	Dasakam 11 : Hiranyakshanteyum Hiranya Kasipuvinteyum utpathy Full (Ten verses)	Chapter VII : Jnana Vigyana Yoga (Sloka 11-24 (Fourteen verses))
Group IV 12-14 yrs	Dasakam 6 : Virata Swaroopa varnam Full (Ten verses)	Chapter VI : Atma Samyamana Yoga (Dhyana Yoga) Slokas 1-16 (Sixteen verses)
Group V 15-18 yrs	Dasakam 27 : Palazhi Madhanavum Koormavatharavum Full (Eleven verses)	Chapter XVI : Daivasura Sampat Vibhaga Yoga Slokas 1-20 (Twenty verses)
Group VI 19 yrs and above	Dasakam 31 : mahabali darpa samanam Full (Ten verses)	Chapter VI : Dhyana Yoga (Atma Samyamana Yoga) Slokas 25-47 (Twenty three verses)

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ADHYATMA RAMAYANAM AND SRI MAHA BHAGAVATHAM (Kerala Bhasha Ganam) Parayanam Competitions For age group 19 yrs and above

FROM 08.30AM ON 30TH JULY, 2023

Participants to read from any one of the portions which will be given on the spot.

Adhyatma Ramayanam	Sri Maha Bhagavatham (Kerala Bhashaganam)
1. Balakandam	Shashta Skandam - Ajamila Moksham
2. Ayodhyakandam	Ashtama Skandam - Gajendra Moksham
3. Aranyakandam	Dasamaskandam - Sakatasura Vadham

K.MADHAVAN NAIR MEMORIAL MOHINIYATTAM, BHARATANATYAM & THIRUVATHIRA KALI COMPETITIONS

FROM 08.30 AM ONWARDS ON 6TH AUGUST, 2023

MOHINIYATTAM COMPETITION

Group	Age	Duration (maximum)
IV	12-14 yrs	10 minutes
V	15-18 yrs	10 minutes

Note:

1. Contestants may use audio recording only as accompaniment and bring the song in pen drive. Film songs are not permitted. Recording should be clearly audible.
2. Aharyam (dress, ornaments, hair style) should be in the traditional Mohiniyattam style.
3. Participation of minimum four contestants in each group is mandatory.

BHARATANATYAM COMPETITION

Group	Age	Duration (maximum)
III	09-11 yrs	10 Minutes
IV	12-14 yrs	10 Minutes
V	15-18 yrs	10 Minutes

Note:

1. Contestants may use audio recording only as accompaniment and bring the song in pen drive. Film songs are not permitted. Recording should be clearly audible.
2. Aharyam (dress, ornaments, hair style) should be in the traditional Bharatanatyam style.
3. Participation of minimum four contestants in each group is mandatory.

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